



Liên Đoàn Thánh Phaolô Hạnh *Manna*

XIN DẠY CON BIẾT HY SINH KHÔNG CẦN BÁO ĐÁP!

LIFE OF PRAYER

Dymphna Phạm Vivi - Đoàn Thánh Bernadette



Oftentimes we are so busy with our lives whether it be with school, work, or some other personal reason that we don't necessarily prioritize our spiritual lives. It is especially hard right now as we live through a pandemic and our main concern may lie elsewhere. Some of us are focused on trying to make it through online school and managing the various assignments and exams being given left and right. Others of us may be worried about losing employment or trying to find employment during these uncertain times. For obvious

reasons, a lot of us may also be worried about our loved one's health and our own health and must take caution we otherwise wouldn't have before the pandemic. The stresses of everyday life can be exhausting and COVID-19 hasn't made it easy for anyone.

For the month of December, the Pope asks us to focus on a life of prayer. It is important to take time out of our day to pray. Praying doesn't necessarily mean reciting prayers like the Our Father; it doesn't have to be as tedious as doing a whole rosary. Praying can simply be a conversation with Jesus. We can tell him how our day went — whether it was good or bad. We can update him on how our life is going so far and what we plan to do in the future. We can even just say a simple hello or perhaps ask Jesus how he's doing for once. All of these things are considered praying. Sometimes people make praying to seem like a complicated process, but it can be as easy and effortless as a quick check-in. Praying relieves us of the burdens we carry in



POPE'S INTENTION

We pray that our personal relationship with Jesus Christ be nourished by the Word of God and a life of prayer.

Chúng ta hãy cầu nguyện cho những ai đang nỗ lực diễn tả và trình bày đức tin tìm ra ngôn ngữ phù hợp với thời đại trong việc đối thoại với các tôn giáo.



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<https://clicktopray.org/>

life. It is a conversation we can have with Jesus that connects us to him and for us to relate to him. In doing so, we are building our relationship with him.

Jesus is always listening to us even when we don't feel like anyone is. Praying is a way for us to be heard and to not be judged. Opening up our hearts and minds may be a scary thing, but there is no reason to fear when in the presence of Jesus.

As we enter December and into the holiday season, I hope we take the time to reflect on how our relationship with Jesus is. It is the last month of the year and while it comes with excitement and anticipation for the upcoming year, it also invites us to think back on the year as a whole. There is no shame if we realize we haven't taken the time out for him. Jesus understands and as long as we can go forward and take time to talk to him through prayer, we are already strengthening our relationship with him.



VŨ KHIÊM CUNG SCHOLARSHIP

LĐPH's annual VKC scholarship announcement has been made available! Information about the selection process is available on our LĐ website. For your convenience, a photo of the announcement letter is included here.

Scholarship Amount: \$1000.00

Application due date: May 31st, 2021

Notification date: August 31st, 2021



**Change
can be
accomplished
most of all
through the
power of
prayer,
because
with God all
things are
possible.**

WILFERD A. PETERSON



PHONG TRÀO THIẾU NHI THÁNH THỂ VIỆT NAM TẠI HOA KỲ
VIETNAMESE EUCHARISTIC YOUTH MOVEMENT IN THE USA
BAN CHẤP HÀNH LIÊN ĐOÀN THÁNH PHAOLÔ HẠNH

VŨ KHIÊM CUNG SCHOLARSHIP

This scholarship honors the work, life, and legacy of Rev. Vũ Khiêm Cung, founder of the Vietnamese Eucharistic Youth Movement (VEYM), St. Paul League of Chapters, formerly known as the North Eastern Region. Born on April 10th, 1940 in Vietnam, Father Vũ Khiêm Cung received the calling to the priesthood at a young age due to the early exposure to Catholicism through his family. Guided by the love for Jesus Christ and strengthened by the Holy Spirit, the bright Vũ Khiêm Cung led the VEYM, St. Paul League of Chapters to uncharted heights with years of excellent leadership, humility, servanthood, and unquestionable morality. As such, the Vũ Khiêm Cung scholarship is intended to motivate, encourage, and provide financial assistance to one Eucharistic Youth Leader annually who exemplifies above and beyond qualities that can contribute to the ever-growing legacy of Rev. Vũ Khiêm Cung.

Scholarship Year:	2021
Scholarship Amount:	\$1000.00 USD
Eligibility:	Applicant must be an active VEYM member for the past three years and is a certified Vietnamese Eucharistic Youth Leader in good standing at the time of application submission.
Restrictions:	Previous scholarship winners may not apply.

How to Apply- Type and submit an essay (no more than 2000 words; English or Vietnamese) stating:

- 1) Your reason for applying to this scholarship
 - 2) Your goals as a VEYM member
 - 3) Your source of motivation as a VEYM member
 - 4) In October, 2020, Pope Francis emphasized the fraternity and social friendship in his new encyclical entitled "*Fratelli tutti*" wherein he urges us all to act in necessary affection through kind deeds, forms of assistance, works of justice and generous action in times of need towards other human beings, regardless of any difference or affiliation. As Huynh Trưởng, we play a significant role as both mentors and educators. Reflecting on the above, discuss:
 - 1) How have/can you bring the Pope's call for fraternity and unity into your classroom?
 - 2) the impact of VEYM on your ability to demonstrate patience, kindness, and affection towards others, particularly with the youth. *Please include your saint name, full name, chapter name, phone number, and email on the header or footnote of every page.*
- ✘ Submit a sealed copy of an official academic transcript from your educational institution (if applicable)
 - ✘ Submit a copy of your most recent SAT scores (if applicable).
 - ✘ Submit two letters of recommendations from individuals who can speak to your qualities (one must be from a Eucharistic Youth Leader or Chaplain; letter cannot be from a family member).
 - ✘ Submit a sealed copy of your family's most current income tax documentation.
 - ✘ Submit a verification letter of "good standing" and "3 years of VEYM involvement" with signatures from the Chapter's President and Chaplain.
 - ✘ Submit a copy of the official Eucharistic Youth Leader certification
 - ✘ Send all required documentations to

Vũ Khiêm Cung Scholarship Committee
84 Roosevelt Ave - West Seneca NY 14224

Selection Criteria:	<ul style="list-style-type: none">✘ Overall presentation of self through the essay and academic achievement(s)✘ Financial need✘ Recommendation letters
Timeline:	<ul style="list-style-type: none">✘ Application available: November 1st, 2020✘ Application due date: May 31st, 2021✘ Notification date: August 31st, 2021✘ Award Ceremony Date: TBA

Process: Recipients are determined in a selection process independently managed by the Vũ Khiêm Cung Scholarship Committee. The Executive Committee of St. Paul Hanh League of Chapters will ensure that the selection process is free of biases. Selected recipient will be notified via email and payment will be made directly to the recipient. For further details on the selection process, please visit www.liendoanphaolohanh.org.

Contact Information: Tel: **716.830.9181** Email: **VKCScholarship@gmail.com**